



ICWE - INFORMAL CARERS WELL-BEING ENHANCED

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SECOND NEWSLETTER

Welcome back to the second newsletter of the **Informal Carers Well-Being Enhanced (ICWE) project!** This initiative, funded by the Erasmus+ programme, is dedicated to supporting and improving the well-being of informal carers who, like you, offer their valuable support to family members and friends in need on a daily basis.

Our primary goal is to provide you with practical resources, training and support to make your work as a carer more manageable and rewarding.

In this newsletter you will find **updates on the ICWE project**, developments and how the partnership is working to ensure the success of the project.

To keep informed about future developments, please check our website, which is constantly being updated.

<https://icwe-project.eu/>

Key points:

Project Progress

Upcoming activities

Partners



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Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Project Progress

The partnership has been **actively collaborating** through regular meetings to ensure alignment on the project's objectives and progress.

These meetings have been fundamental in coordinating the development of key outputs and reviewing the materials to be produced.

Partners worked diligently to **disseminate** the project on various social media channels. Regular updates and engaging content were shared to maximise visibility and reach a wider audience, promoting awareness of the crucial support ICWE provides to carers.

Focus Groups and Transnational Report

Each partner conducted **focus groups** in their respective countries, engaging informal caregivers and care professionals to gather valuable insights into their needs and daily challenges. The findings from these sessions were compiled into a comprehensive **transnational report**, which provided an in-depth understanding of the **current state of caregiving** across the partner countries.



Training Modules

Significant progress has also been made in the development of the **training modules**, designed to enhance the skills and well-being of informal caregivers. These modules will undergo thorough testing during the LTTA (Learning, Teaching, and Training Activity) planned to take place in Bonn, Germany.



Website

The project **website** has been successfully launched and is continuously updated to serve as a dynamic hub for sharing **resources, news, and updates about the ICWE initiative.**



Upcoming activities

Each partner will organize a **local training** session in their respective countries. These sessions will provide an opportunity to test the effectiveness and clarity of the training modules, ensuring they meet the needs of informal caregivers before the LTTA planned in Bonn, Germany.

Another key milestone will be the development of the **ICWE Toolkit**, a practical tool designed to support caregivers, allowing them to access guidance on specific topics whenever they need it.

Additionally, the **project website** will be updated, and the online platform will be finalized with all the necessary elements to deliver a comprehensive training program.

The partners will continue dissemination activities, sharing project results and increasing engagement on the official **Facebook** and **Instagram** pages to maximize the project's visibility and impact.



Follow us:



Partners



iserundschmidt GmbH is a company specializing in research on science and knowledge communication in Germany. For over 25 years the agency has provided strategic consultancy, developed independent campaigns and productions.



The EHFF, European Health Futures Forum, was established in 2013 as an NGO dedicated to supporting actions that lead to the improvement of the health of European citizens. Initially established in the UK as a non-profit organisation, it established itself in Ireland in 2017 and is now a registered Charity.



CARDET (Centre for Advancement of Research and Development in Educational Technology) is an independent, non-profit, non-governmental, research and development organization based in Cyprus. It is one of the leading research and development centres in the Euro-Mediterranean region, with global expertise in project design and implementation, capacity building, and e-learning.



RightChallenge is an NGO that aims to promote education and vocational training as a tool for social inclusion. We believe that education should focus on the development of all people - regardless of social status, age or gender - to prepare them to participate in all dimensions of society.



K.S.D.E.O. "EDRA" is a non-profit organization, active since 2001 to promote mental health and protect the rights of vulnerable groups. EDRA provides mental health services and raises public awareness in matters concerning mental health, supports the child and the family to cope with learning difficulties, intervenes therapeutically in the field of special education and Intellectual disability, develops national and European initiatives for socially vulnerable groups, provides lifelong training programs for all population groups.



Partnership of policy specialists, whose founding members have over a decade of concrete experience in the sustainability sector. Exeo Lab is a young, multi-purpose and flexible company that envisions a sustainability-oriented society.

Thank you for reading!